



### **About Kimberly**

Kimberly is "no-nonsense" coach with real-life empathy. After experiencing her own post-traumatic growth from a life-altering wake-up call, she is committed to empowering others to live 100% authentically in what fulfills them. She works with exceptional women to help them courageously write their next life chapter. She will lead you on a path of self-discovery to uncover what fuels and limits you, and equip you with pragmatic tools to increase resilience to create the life YOU want.

KIMBERLY NAPIER ELEVATE YOUR EXTRAORDINARY™

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#### **Contact Kimberly**

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## DARE to create the life YOU want!

We all love going to Jewelry parties, Trunk parties, and even Tupperware Parties... But what is the best part, really? Getting together with your girlfriends, and catching up, right?

What if you could have a "party" that focused on investing in YOU, instead of just more stuff, while spending time connecting deeper with your closest friends – daring each other to be your best, most incredible self?

I bring the DARE to you and your friends to empower you with the courage and tools to create the life you want! DARE Parties are guaranteed to bring you and your friends closer together, and BE FUN!

#### DARE party options

Parties are recommended to be completed in order



#### Party 1 - Unleash Your Inner Goddess!

Learn how to how to tame your self-doubt, calm the inner Medusa that keeps you stuck, and unleash the goddess within you to live more authentically as your best self.



#### Party 2 - Boost Your Happiness!

Discover how to make little changes everyday to boost your happiness, increase your appreciation for life and expand your capacity to bring compassion to others around you, including yourself.



#### Party 3 - Reclaim Your Power!

Become more empowered by learning to live in your power of choice – by being more mindful and deliberate in your thoughts, beliefs and actions to create the life you want.



#### Party 4 - Author Your Life!

This is the perfect environment to articulate what you really want in your life. Learn how to be the author of your life, gain clarity, and achieve more fulfillment and balance in your life.



#### Party 5 - Create your own "luck"

Learn what "lucky" people do differently and how you can manifest more good fortune in your life.



# Ready to DARE to let your light shine?

Contact me to learn more and schedule your DARE Party.

#### How it works

Simply plan a party at your house, invite your closest friends, supply the wine, drinks, or appetizers and here we go!

- Parties are 2 hours long
- Party size is 6-10 people including hostess
- Cost is \$60 a person (includes empowerment tools, journal and a free gift for each participant)

"A DARE party? What a fantastic concept for a Friday night with friends. Kim's fun and engaging style, underpinned by her professional expertise helped lead us through a 90 minute journey – DARING each other to discover something new about ourselves. It was a great way to connect deeper with friends, laugh and leave feeling a bit more courageous and prepared to challenge the 'negative talk' in our lives. It was a fun way to unveil some inner strength. I definitely learned something new about myself and I look forward to the next DARE party."

- Jill Adams

Hosting a DARE party was an opportunity to focus on my own personal growth in a fun, comfortable setting with friends who were invested in my happiness and shared a similar goal of living a more authentic life. A fantastic experience filled with positive energy and true collaboration!

Amy Caggiano